

# Fall Prevention Class

- ◆ **Open to Sault Tribe Members 55 years and older**
- ◆ **Wednesdays from 10 – 11 am**
- ◆ **6-Week Class meeting Wednesdays, May 15 to June 19**
- ◆ **Location: Big Bear Hospitality Room (Upstairs)**
- ◆ **Please wear loose comfortable clothing and athletic style shoes**
- ◆ **Class Size: 10 individuals maximum**
- ◆ **To Sign-up: Please call Sault Tribe Community Health at 632-5210**
- ◆ **Deadline to Sign-up: Monday, May 13**

*Brought to you by :*

**Sault Tribe Community Health Medical Fitness Program**

